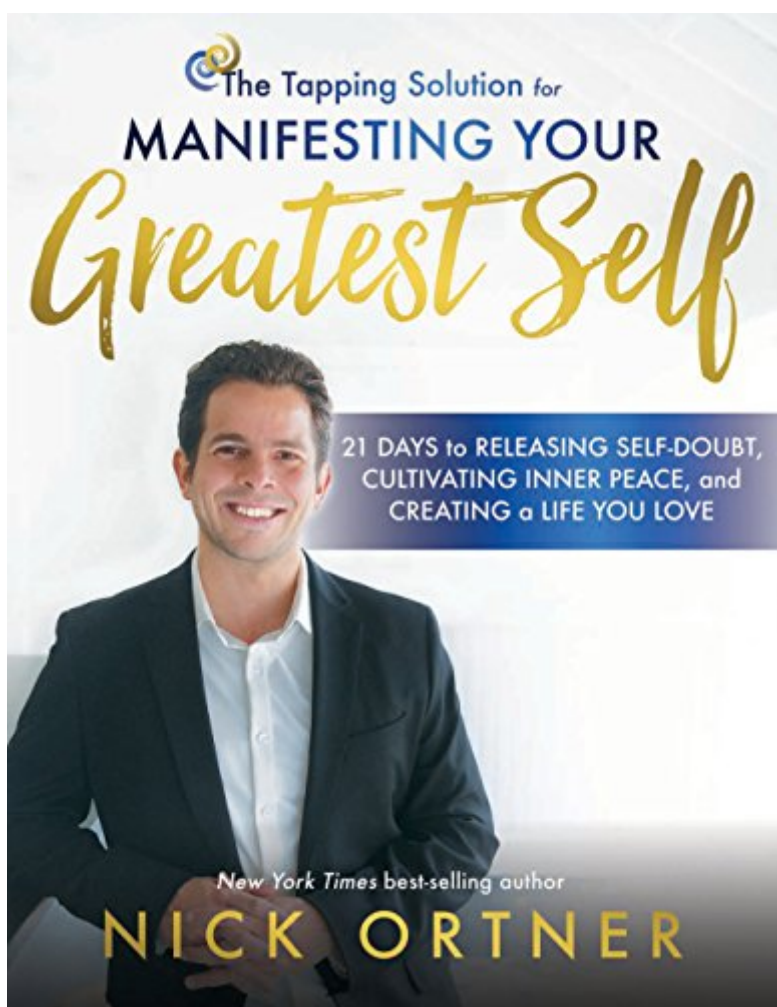


The book was found

# The Tapping Solution For Manifesting Your Greatest Self: 21 Days To Releasing Self-Doubt, Cultivating Inner Peace, And Creating A Life You Love





## Synopsis

Have you ever had the feeling your life just isn't working? That no matter how much you push and direct, or sit back and let go, the square peg you're holding just won't fit into the round hole that is your life? What if, instead, the roadblocks to transformation went away? What if you could simply wake up as your greatest self, living your greatest life? Can you imagine what that would look like—and more important, what it would feel like? In this new book, the latest in the Tapping Solution series, Nick Ortner helps you not only imagine it, but make it a reality. In *The Tapping Solution for Manifesting Your Greatest Self*, Nick guides readers through a 21-day process of self-discovery and self-development. The 21 stages use the simple, proven practice called Tapping (formally known as Emotional Freedom Techniques). Each stage includes a Daily Challenge and a Tapping Meditation to help the changes take root. Drawing on wisdom sources from Aristotle to Dr. Seuss along with Nick's own deep well of insight and engaging stories from his daily life, *Manifesting Your Greatest Self* is terrific fun to read. And readers can take their time with it: Nick encourages them to complete the program at their own pace, with the extra option of signing up for exclusive e-mail reminders to support them throughout the process. "We're going to work together to let your light shine brighter than ever before," Nick writes, "to feel at peace in your body, to create the life experiences you most deserve and desire."

## Book Information

Print Length: 360 pages

Publisher: Hay House (October 3, 2017)

Publication Date: October 3, 2017

Sold by: Amazon Digital Services LLC

Language: English

ASIN: B072R5QV5B

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Not Enabled

Lending: Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #36,439 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #12

in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Alternative Medicine > Energy

Healing #25 inÃ Â Kindle Store > Kindle eBooks > Religion & Spirituality > Spirituality > Personal Growth > Spiritual Healing #36 inÃ Â Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Alternative Medicine > Alternative Therapies

[Download to continue reading...](#)

The Tapping Solution for Manifesting Your Greatest Self: 21 Days to Releasing Self-Doubt, Cultivating Inner Peace, and Creating a Life You Love Tapping: Learn EFT in 5 Min - The Effective Tapping Solution for Anxiety, Addictions, Weight Loss & Wealth by Using the Tapping Therapy Self Love: F\*cking Love Your Self Raise Your Self Raise Your Self-Confidence (Self Compassion, Love Yourself, Affirmations Book 3) Self Love: Changing Your Life Through Self-Love and Mindfulness (2 Books In 1), Learn How To Love Yourself More, Calm Your Mind, Reduce Your Stress and Live a Happier Life! Manifesting Your Inner Sanctuary with Archangel Raphael CD (Light Meditation Series I--Angel Meditations) (No. 1) Inner Peace and Happiness: How to Find Inner Strength and Clear Your Mind Think Confident, Be Confident for Teens: A Cognitive Therapy Guide to Overcoming Self-Doubt and Creating Unshakable Self-Esteem (The Instant Help Solutions Series) Manifesting Miracles and Money: How to Achieve Peace, Purpose and Plenty Without Getting in Your Own Way (Law of Attraction Book 1) The Diamond Self Secret: Say Goodbye to Your Inner Critic and Hello to Self-Acceptance, Serenity, and Lasting Love (The Love Mentor's Guide) Living from Your Center: Guided Meditations for Creating Balance & Inner Strength (Inner Vision Series) The Tapping Solution for Pain Relief: A Step-by-Step Guide to Reducing and Eliminating Chronic Pain The Tapping Solution for Weight Loss & Body Confidence: A Woman's Guide to Stressing Less, Weighing Less, and Loving More The Tapping Solution for Teenage Girls: How to Stop Freaking Out and Keep Being Awesome The Tapping Solution: A Revolutionary System for Stress-Free Living Inner Peace - Adult Coloring Books: Beautiful Images Promoting Mindfulness, Wellness, And Inner Harmony (Yoga and Hindu Inspired Drawings included) EFT: EFT Tapping Scripts & Solutions To An Abundant YOU: 10 Simple DIY Experiences To Prove That Your Mind Creates Your Life! God in You: Releasing the Power of the Holy Spirit in Your Life Codependency Recovery: Wounded Souls Dancing in the Light: Book 1: Empowerment, Freedom, and Inner Peace Through Inner Child Healing NLP: The Beginners Essential NLP Guide: 7 Simple but Powerful Techniques to Change Your Mind, Overcome Anxiety, and Eliminate Crippling Self Doubt So You Can Achieve Your Full Potential in Life Recovery of Your Inner Child: The Highly Acclaimed Method for Liberating Your Inner Self

Contact Us

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)